



The Chronicle

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In this issue:

*Milady Murphy
Honored*

*Theatre Tuscaloosa
Season Tickets
on Sale*

*Student Athletes
Honored*

Hays Joins Staff

MURPHY RECEIVES 2006 INTERNATIONAL EXEMPLARY LEADER AWARD

Dr. Milady Murphy has been awarded the 2006 International Exemplary Leader Award by the Chair Academy. The Chair Academy is an organization committed to exemplifying the best practices of organizational leadership worldwide. Dr. Murphy's work as the founding director of the Wellness Center of Shelton State Community College and her dynamic contributions to the community through "partnership programs" earned her this distinct honor.

In 1988, Dr. Murphy was charged with establishing the Wellness Center at Shelton State Community College. Understanding the challenges, she developed a goal of "partnership" to broaden the scope of the program and to provide outreach to the communities served. Working with other programs within the College, the Wellness Center began to develop exercise and health classes designed to appeal to many sectors of the community at-large.

One of the most recent community outreach programs partners the Wellness Center and Life Long Learning. This program provides exercise programs for nursing homes and assisted living facilities in the Tuscaloosa area. The Wellness Center provides

certified exercise instructors and Life Long Learning oversees the administrative details which allows these services to be offered free of charge to citizens who are often forgotten or overlooked in health and fitness arenas.

The Wellness program, with the Division of Instructional Services at Shelton State has established a varied curriculum of Health; Physical Education, Recreational and Nutritional classes intended to meet the needs of the students. A certificate program was designed to help create job opportunities for these students in the field of personal training and exercise instruction. Ninety percent of Shelton State's certificate graduates find jobs in the community and beyond in the industry.

In addition to the above cited partnerships, The Wellness Center encourages students of all ages to exercise and work together. Working with programs such as Life Long Learning, Continuing Education and Community Education, allows for an

intergenerational approach to teaching. In many classes, senior citizens are working out and learning side-

by-side with eighteen year-olds. This mix improves the quality of life for all students and removes the "jock" atmosphere stigma common to many gyms. Because of this philosophy, The Wellness Center

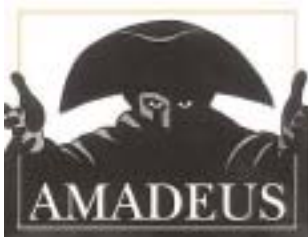
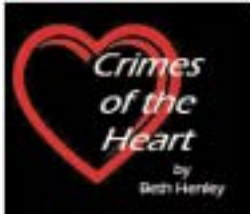
at Shelton State provides an atmosphere that is welcoming to people of different genders, ages and beginning levels of physical abilities.

The Chair Academy acknowledged these programs and the work of Dr. Murphy by stating: "Dr. Murphy has transformed the curriculum of the Wellness Center into a force for personal and institutional improvement. For two decades, she has demonstrated a dynamic, enthusiastic, dogged and evangelistic commitment to the critical role of high-quality instruction and the principles and practices required for physical and mental fitness, health and well-being".

Camille Cochrane,
Dean of Instruction at



Theatre Tuscaloosa Announces 2006-2007 Season



Theatre Tuscaloosa has announced a season of five shows for its 2006-2007 Season.

"We've selected a season that offers a wide range of shows from the hysterically funny to the historically intriguing," said artistic director emeritus Paul Looney. "With one of the worlds best known musicals to a brand new Christmas play, I think the season has something for everyone."

A wedding anniversary celebration gone awry creates loads of rumors and laughter when Theatre Tuscaloosa opens Neil Simon's "Rumors" September 29 - October 8.

When the first couple arrives and discovers the disaster, they decide to cover-up for their well-connected friends. As the next three couples arrive, the rumors grow into a dizzy-

ing array of laughter. Only the arrival of the police could make it any worse, and when they do arrive, the couples improvise a hilarious illusion of normalcy.

The holiday season brings a new version of the old chestnut "A Christmas Carol" now called "A Dickens of a Carol" with a book by Stephan de Ghelder and lyrics by Brad Simmons in production December 8 through 17.

Antonio Salieri is the most revered musical composer in all Vienna until brash, irreverent boy-genius Wolfgang Amadeus Mozart steals his thunder. Now what? Wicked revenge is played out in the mega award-winning "Amadeus" by Peter Shaffer, February 23 through March 4.

"Crimes of the Heart" by Beth Henley (April 13 - 22) follows the

Magrath sisters through a traumatic but humorous time in their lives. Babe Botrelle has recently been bailed out of jail for shooting her husband. At Babe's request, her older sister Lenny Magrath tracks down the prodigal sister Meg to come home to help console her sister in this time of need.

Rounding out the season is the family favorite "The Music Man" by Meredith Willson.

One of the most popular musicals to come out of the American theater scene in the last half century, Meredith Willson's "The Music Man" will march into the Bean-Brown Theatre for performances June 22 through July 1, 2007.

Special season ticket prices are being offered to SSCC faculty and staff. Call the box office at 391-2277 for details.

Student Athletes Honored at Shelton State

Six student athletes at Shelton State Community College have been honored by the National Junior College Athletic Association.

Five student athletes were selected as "Distinguished Academic All-American." To be chosen for the honor, students must maintain a 3.8 GPA and have earned at least 48 credit hours. Chosen for the award were Heather Allen of Pell City (Soccer); Kiah Brown of Haleyville (Men's Basketball); Blake

Harper of Tuscaloosa (Baseball); Sarah Sutton of Millbrook (Softball) and Suzy Smith of Maplesville (Softball).

Six students were named "Academic All-American" based on maintaining a GPA of 3.6 and having earned at least 48 credit hours. Chosen for this award were Brad Alexander of Pinson (Baseball), Laura Bonds of Hueytown (Softball); Leah James of Millbrook (Softball), Ben Stewart of Pelham (Baseball), Alisa

Terrell of Guntersville (Soccer) and Brandon Wallace of Hartselle (Baseball).

National Junior College Athletic Association also announced the "Spring Academic Teams of the Year." To be considered for this award the cumulative team GPA for a sport must be 3.0 or better. Shelton State's Softball team was named a Spring Academic Team of the Year with an overall GPA of 3.39.

Leigh Hays Joins SSCC Staff



Leigh Hays has joined the staff of Shelton State Community College in the newly created position of Director of Marketing and Communications.

Hays was most recently an account executive for Clear Channel Radio where she added 52 new accounts and re-established the company's presence in the East Mississippi market in addition to coordinating the company's special events.

Prior to joining Clear Channel, Hays was employed in the health care field working for American Home Patient but most prominently with the DCH Health System.

At DCH, she was Director of Outpatient Marketing where she was responsible for all aspects of marketing the

Outpatient/Ancillary programs. Hays developed annual marketing plans for 18 programs and she created and coordinated the annual BBQ & BLUE JEANS fundraising event which has become one of the most successful events of its kind in West Alabama.

She also served as interim director of the DCH Cancer Treatment Center.

A native of Birmingham, Hays received her B.A. degree from the University of Alabama in Advertising and Public Relations.

"Shelton State is indeed fortunate to have Leigh join our team," said Lew Drummond, Director of Advancement for the college. "Her depth and breadth of experience is

exactly what we needed at this stage in our growth."

Active in community affairs, she is a former member of the Junior League of Tuscaloosa and served as chairman of the group's annual Merry Market, a Christmas fundraising event. She served as a volunteer for Habitat for Humanity, Hospice of West Alabama and a board member of the Tuscaloosa Advertising Federation. She has received numerous awards for her work and volunteerism including the DCH Gold Star Club for outstanding performance, Best of Show in Print/Broadcasting from the Tuscaloosa Addies and Regional Addies, the Junior League Angel Award and the Junior League Placement Award.

Murphy *continued*

Shelton State Community College said, "We are delighted and proud of the accomplishments of Dr. Murphy and the WellnessProgram. The services we provide through this program touch the lives of so many diverse groups in our community.

And, that is what we, at Shelton State, are about - making a difference in the lives of others."

Dr. Murphy beamed with enthusiasm over the award which was voted on by her peers. "I could not achieve any of these accomplishments if I did not have the help and support of my administrators, faculty, staff, community and family. It takes a

team approach to attain and maintain educational goals in this day and time and Shelton State offers that to all its faculty and staff. I appreciate the ability to thrive in my chosen profession and to feel the work I do is supported."

GOT NEWS TO SHARE?

If you have news, events or information to share with your fellow faculty and staff, please submit the information to the Office of Public Relations and Alumni Affairs.

The Chronicle is published the first of each month. Information should be received by the 20th of the preceding month in order to be included.